

## FARFALLA GEMSTONE OILS

Throughout the ages, gemstones have been associated with healing and balancing properties. These balancing characteristics counteract negative energy, stress and anxiety while enhancing the positive – beauty, wellness and happiness.

It is said that people are instinctively drawn to the gemstone with the properties they need – complementing their inner light and beauty. Cleopatra's favorite gemstone, for example, was the Peridot, which is celebrated for its skin benefits and ability to heal, tone and regenerate tissue.

For the first time, the special properties of gemstones have been transferred to a luxurious cosmetic oil: Farfalla Gemstone Oils combine the balancing characteristics of gemstones with nourishing and moisturizing Jojoba oil (certified organic). Complementing essential oils and a small gemstone in each bottle enhance the effect.

Indulge both your skin and your senses – stay balanced and beautiful with a bath or massage with one of the unique Farfalla Gemstone Oils!

	DESCRIPTION	GEMSTONES USED	ESSENTIAL OILS USED
<b>ANTI-STRESS</b>	Gives tranquility and strength to tackle inevitable everyday stress; boosts stamina. To enhance the effect, each bottle contains a small gemstone.	Aventurine, Magnesite, Cairngorm	sweet orange*, rosewood, lavender*, ylang ylang*
<b>FOUNTAIN OF YOUTH</b>	Aids in purifying body and mind. Cleanses and purifies the skin; diminishes anxiety, frustration, and negativity; enhances vitality and well-being. To enhance the effect, each bottle contains a small gemstone.	Peridot, Green Fluorite, Chrysoprase	juniper berry, sweet fennel*, lemon*
<b>POSITIVE FLOW</b>	Stimulates positive energy and releases inner tension. Helps to relax and unwind. Encourages equanimity and a peaceful, easy feeling. To enhance the effect, each bottle contains a small gemstone.	Amber, Chalcedony, Sodalithe	white fir*, geranium*, palmarosa*
<b>JOY OF LIFE</b>	Rediscover the joy of living! A bath or massage with this oil helps boost vitality, courage, sensuality and self-confidence. To enhance the effect, each bottle contains a small gemstone.	Rose Quartz, Ruby, Garnet	rose, sandalwood, rose geranium, bergamot*
<b>REGENERATION</b>	Helps to reawaken and regenerate body and mind. Energises, encourages productivity and helps to re-establish control and productivity. To enhance the effect, each bottle contains a small gemstone.	Epidote, Ocean Agate, Zoisite with Ruby	ravintsara*, myrrh*, litsea cubeba
<b>SECURITY</b>	Promotes emotional balance and stability, strengthens self-confidence and helps overcome fears. Enhances equilibrium, self-awareness and creativity. Centering. To enhance the effect, each bottle contains a small gemstone.	Agate, Nephrite, Serpentine	vanilla*, sandalwood, benzoin
<b>SERENITY</b>	Facilitates deep relaxation and helps restless minds achieve inner calm and a sense of perspective. To enhance the effect, each bottle contains a small gemstone.	Magnesite, Blue Quartz Crystal, Dumortierite	lavender*, rosewood, tangerine, roman camomile

\*certified organic

## HOW TO USE GEMSTONE OILS

Enjoy the balancing and indulging effects of Farfalla Gemstone Oils according to your needs and moods:

### BODY OIL

Use Farfalla Gemstone Oil daily after taking a shower. The oil absorbs wonderfully and seals in moisture, leaving your skin feeling silky soft and smooth.

### FACIAL OIL

Farfalla Gemstone Oil can be used for facial massage or skin care. It soaks into your skin effortlessly and deeply moisturizes your skin.

### BATH OIL

When used as a bath oil, the warm water further enhances the effect of Farfalla Gemstone Oil. Use 2 tablespoons per bath. Moisturizes intensively and leaves skin soft and velvety – no need for additional oil or lotion after bathing.

### MASSAGE OIL

Farfalla Gemstone Oil can be used like any massage oil. Use a small amount to allow fingers to glide easily. The light texture is a pleasure to spread on the skin without leaving it too greasy.

<b>TOURMALINE</b> THE PREMIUM LINE	<p><b>GEMSTONE OIL:</b> Enlivens the senses and strengthens the life force. Brings you in harmony with yourself.</p> <p><b>GEMSTONE CREAM:</b> This special moisturising cream for day and night is suitable for every skin type. Lends new energy and nurtures on many levels.</p> <p>ergy spray that awakens the spirits, lends fresh energy and strengthens the centre. Uses: as perfume, energy spray and as room harmoniser.</p>	Tourmaline	rose, iris, bergamot, neroli etc.
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## DEAR CUSTOMER,

Thank you for choosing a Farfalla natural product. It is of the highest quality, made of natural ingredients corresponding to the guidelines of BDIH, the association for «controlled natural cosmetics». Since 1985, Farfalla Essentials AG has been the leading Swiss producer of natural perfumes and skin care products. We use only high quality ingredients, most of them certified organic. No synthetic dyes, artificial scents, antidegradants or polyethylene glycols are used.

## GEMSTONES (IN ALPHABETICAL ORDER) AND THEIR PROPERTIES

GEMSTONE	PROPERTIES	INCLUDED IN
AGATE	Agate is said to help one view oneself with more clarity and see the world through a broader viewpoint. It quiets the pulse and heart throbs. It can also cure insomnia and insure pleasant dreams.	Security
AMBER	Amber has both calming and energizing properties at the same time. It is said to draw out negativity and to help release stress.	Positive Flow
AVENTURINE	Aventurine stands for good luck and abundance. It is said to stabilize emotions and heal the heart.	Anti-Stress
BLUE QUARTZ CRYSTAL	Blue Quartz Crystal can bring a sense of order into things and diminish fear, bringing courage.	Serenity
CAIRNGORM	Cairngorm is a grounding and stabilizing stone, which is said to help lift depression and to generally remove negative energies, bringing happiness.	Anti-Stress
CHALCEDONY	Chalcedony is a cleansing stone, soothing and stabilizing. It promotes calm and peace.	Positive Flow
CHRYSOPRASE	Chrysoprase is a stone of balance that equalizes Yin and Yang energies.	Fountain of Youth
DUMORTERITE	Dumorterite can enhance patience and eliminate stubbornness. It allows courage and self-assertiveness.	Serenity
EPIDOTE	Epidote is said to stimulate the immune system and support all healing processes.	Regeneration
GARNET	Garnet is associated with vitality, courage, passion, sensuality and self-confidence. It alleviates depression and improves imagination.	Joy of Life
GREEN FLUORITE	Green Fluorite is said to be a focusing and centering stone. It assists in balance and ability to concentrate.	Fountain of Youth
MAGNESITE	Magnesite is associated with motivation and purification. It is said to ground the intellect and purify cells.	Anti-Stress, Serenity
NEPHRITE	Nephrite jade is considered to be good for the physical heart and for emotional balance and stability. The stone is said to help against immune system weakness and nervous system overwork.	Security
OCEAN AGATE	Ocean Agate is a stone of harmony. It stimulates the intellect and gives courage, energy and strength.	Regeneration
PERIDOT	Peridot is considered a tonic for the whole body. It is said to have a toning effect, to heal and regenerate tissue, and to benefit the skin. It dispels negative emotions and increases strength and physical vitality. The Peridot was Cleopatra's favorite stone.	Fountain of Youth
ROSE QUARTZ	Rose Quartz is associated with skin and cell rejuvenation. It is said to have calming and nurturing properties, to balance emotions and to heal emotional wounds.	Joy of Life
RUBY	Ruby is said to bring integrity, devotion and happiness, to enhance generosity and to bring prosperity. It promotes healing on all levels.	Joy of Life
SERPENTINE	Serpentine renders assistance to disorders in all areas of the body and the emotional system.	Security
SODALITE	Sodalite stabilizes mental and emotional processes. It is a grounding stone and dispels negative energy.	Positive Flow
ZOISITE	Zoisite brings energy and vitality.	Regeneration