



EDELSTEIN
BALANCE

Crystal Balance®
The Holistic Gemstone-
Massage-Concept

Crystal Balance



The holistic massage therapy with gemstones, scents & sound



The Crystal Balance concept has been developed from the use of massage and crystals in health and wellbeing. It combines the benefits of various massage techniques with the versatile effects of crystals.

The massages of the Crystal Balance concept have an activating as well as relaxing effect and increase body awareness. Each of the different sections of the complete body massage can be used separately in individual treatments, such as for the back, hands, face or feet. Crystal Balance can also be combined with classic applications, such as foot care using the foot massage, or cosmetic treatment using the facial and upper chest massage.

Discover for yourself how fascinating and diversified the work with crystals can be and which possibilities it offers. The massages are conducted with warm crystal oils that have been especially developed for that purpose and by using different shapes of stones e.g. spheres, rods, palmstones and tumble polished stones.



For information in the Crystal Balance Concept and products, for international training enquiries and for any other enquiries, please contact us!

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